

PARTIES

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with *Elle Halliwell, Jonathon Moran, Ros Reines & Glynis Trail-Nash*

I QUIT SUGAR BOOK LAUNCH

POTTS POINT BOOKSHOP ELIZABETH BAY

If you've ever thought about quitting sugar, then **Sarah Wilson's** new book is just for you. And she had some big supporters for her latest venture on Monday night.

Matt Preston and **Hayden Quinn** were in attendance at the Potts Point Bookshop, along with Australian Women's Weekly editor **Helen McCabe** and New Idea's **Kim Wilson**.

The book follows Wilson's journey on how she cut sugar out of her life, but still manages to enjoy food. She presents an eight-week plan to get clean from the sweet stuff.

And to prove you can still enjoy food while sugar-free, a delicious array of canapes including kale chips, activated spicy nuts and choc berry mud were on offer to guests.

» ZOE NAUMAN



1. Ivan and Jacki Bresic
2. Sarah Wilson and Matt Preston
3. Melissa Ambrosini and Jamie Gonzalez
4. Marija Ivkovic and Charlotte Ree
5. Bia Naidoo and Indra Naidoo